

CLAIMS

What is claimed is:

- 1 1. A basketball training device comprising:
2 an annular shaped member having a first side and a second side, the annular
3 shaped member having a diameter larger than a rim diameter of a basketball hoop; and
4 a flange that encircles a portion of an outer edge of the annular shaped member
5 and projects downwardly from the second side by a length greater than the rim diameter,
6 wherein the first side of the annular shaped member is substantially smooth and
7 flat, and
8 wherein the annular shaped member can block a basketball from passing through
9 the basketball hoop.
- 1 2. The basketball training device of claim 1, wherein the flange is integrally formed
2 with the outer edge of the annular shaped member to create a one-piece structure.
- 1 3. The basketball training device of claim 1, further comprising an arm that extends
2 from the annular shaped member.
- 1 4. The basketball training device of claim 3, wherein the arm includes a rod
2 receiving structure to receive an end portion of a rod.
- 1 5. The basketball training device of claim 4, wherein the rod receiving structure
2 includes at least one of a threaded portion, a magnetic portion, and a snap fit portion.
- 1 6. The basketball training device of claim 1, wherein a notch is created in the flange
2 to receive a support structure for the basketball hoop.
- 1 7. The basketball training device of claim 1, further comprising a plurality of
2 protrusions extending from the second side of the annular shaped member.

- 1 8. The basketball training device of claim 7, wherein the protrusions are cylindrical
2 protrusions.
- 1 9. The basketball training device of claim 7, wherein the protrusions create a circular
2 path that is concentric with the flange.
- 1 10. The basketball training device of claim 9, wherein a distance between the flange
2 and the circular path is greater than the rim diameter.
- 1 11. The basketball training device of claim 7, wherein the flange and the protrusions
2 create an area to receive the basketball rim.
- 1 12. The basketball training device of claim 1, wherein the annular shaped member
2 and the flange are constructed from a high-impact polymer composite.
- 1 13. A basketball training device comprising:
2 an annular shaped member having an arm, wherein the annular shaped member
3 can be placed on a basketball hoop to prevent a ball from passing through the basketball
4 hoop; and
5 a rod to engage the arm and removably couple the annular shaped member with
6 the basketball hoop.
- 1 14. The basketball training device of claim 13, wherein the arm includes a rod
2 receiving structure to receive the rod.
- 1 15. The basketball training device of claim 13, wherein the rod includes a plurality of
2 sections such that the rod can be taken apart and easily portable.
- 1 16. The basketball training device of claim 13, wherein the annular shaped member is
2 secured to the basketball hoop via a flange and a plurality of protrusions extending
3 downwardly from the annular shaped member.

1 17. A basketball training device comprising:
2 means for creating a shelf-like image on a basketball hoop; and
3 means for removably coupling the basketball training device on the basketball
4 hoop.

1 18. The basketball training device of claim 17, wherein the means for creating a shelf-
2 like image substantially covers a rim of the basketball hoop.

1 19. The basketball training device of claim 18, wherein the means for creating a shelf-
2 like image prevents a basketball from passing through the basketball hoop.

1 20. A basketball training method comprising:
2 placing a basketball training device on top of a basketball hoop to create a shelf;
3 and
4 shooting a basketball while mentally visualizing about placing the basketball on
5 top of the shelf.